

HOW DO YOU GET TO WORK?

@ BROOKVALE COMMUNITY HEALTH CENTRE

NSLHD Health Promotion is committed to improving the health of staff.

As part of the Go Active 2 Work project the service aims to help make it easier for Brookvale Community Health Centre (BCHC) staff to get to work in an active way ie. walking, cycling or catching public transport.

To achieve this, BCHC staff were surveyed between the 22 October to 16 November 2018, on their 'travel to work' habits and views.

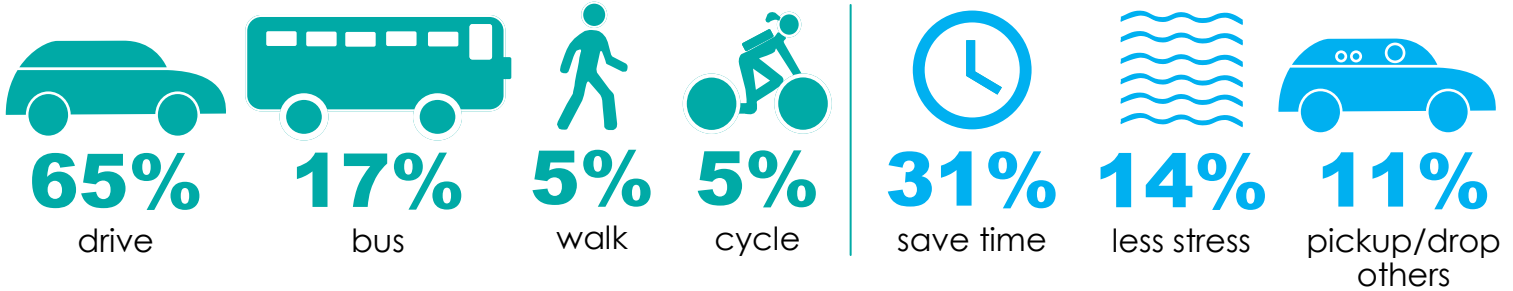


135 | 54%

staff completed the survey

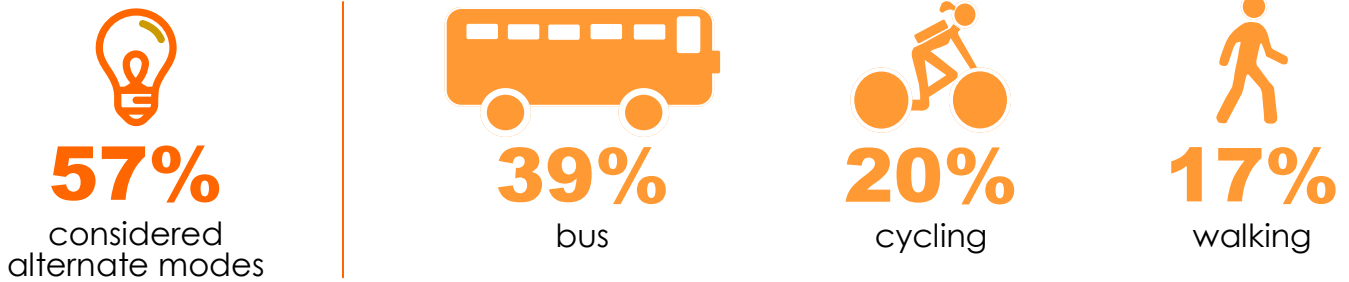
How do staff travel?

Main



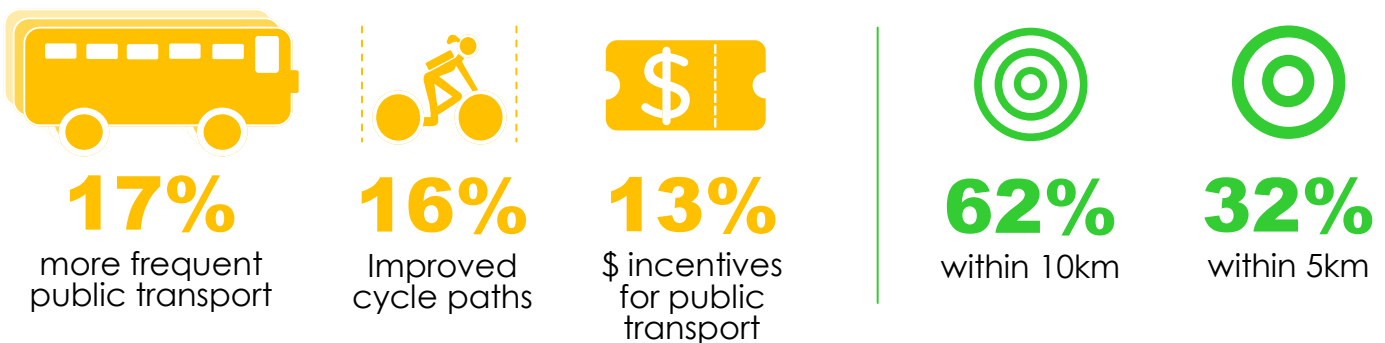
Alternatives

Modes considered



Incentive to change

Distance from home



Next Steps

A BCHC Workplace Travel Plan will be developed in 2019, which will be based on survey results, a BCHC Site Audit and staff input.

The Plan will describe a mix of initiatives that aim to make it easier for BCHC staff to travel to work actively (e.g walk, cycle or catch public transport).

Contact Health Promotion if you would like to contribute any ideas or feedback relating to travelling to the Brookvale Community Health Centre.