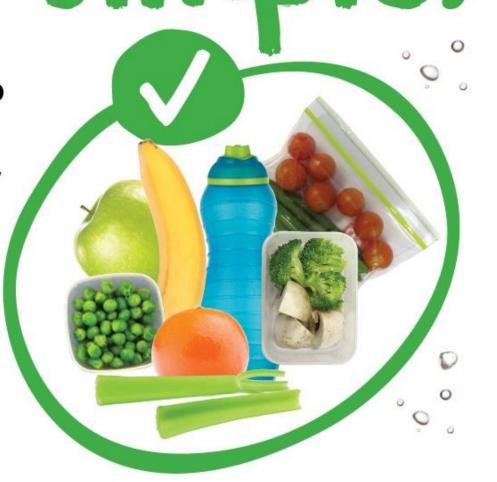
What to pack for Crunch&Sip®

Crunch&Sip means vegetables, fruit and water only.





Crunch&Sip® Pack ideas

Stuck for ideas to make your kids Crunch&Sip packs more interesting? Try these ideas:



Use texture

Make a pack that includes vegetables or fruits with varying textures.



Go for colour

Use a variety of colours in your packs to make them appealing.



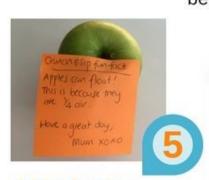
Make it tasty

Pack chopped vegetables or fruits that taste great together.



Is it in season?

Vegetables or fruit in season will taste better.



Add a fun fact

Include a post it note with an interesting fact about the vegetable or fruit in the pack.



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