

# Stay Safe. Communicate.

## APRIL FALLS DAY

The key to safety is communication.

*Staff will talk to you, your family and/or carers about your stay in hospital and how they will help you stay safe.*

*Everyone who comes into hospital is at risk of falling...why?*

- You are in a busy, unfamiliar environment
- You are unwell
- Your routine has changed

*What can you do to stay safe in hospital?*

- Speak to staff about how you can stay safe
- Ask questions and listen to advice
- Include your family and/or carer in conversations
- Family and/or carer let staff know of any safety concerns you may have for the patient



***Remember, call don't fall!***

If no one is around, please don't assume they are too busy to respond and use your call bell for assistance.