

Stepping On Referral Form

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New number from 1 July 2024 - 9450 7050

Email: steppingon@royalrehab.com.au

Registrations can be made online – <https://nshp.com.au/SteppingOn>

Stepping On - Falls Prevention Program

Stepping On is a free program for people over 65 years (or Aboriginal and Torres Strait Islanders aged 45+ who have had a fall or are concerned about falling.

Referrer's Name: _____ Date: _____

Referrer's Organisation / Role: _____

Phone: _____ Email: _____

Patient/Client Details:

Full Name: _____

Address: _____

Suburb: _____ Post Code: _____

Phone: _____ Mobile: _____

Email: _____

Additional Info: _____

Please only refer patients/clients who:

Have had a fall in past year or have a fear of falling

Independent with or without a walking stick

Cognitively intact

Live independently in the community

Please confirm:

I have discussed this referral with the patient / client

The patient / client does not have a progressive neurological condition e.g. Parkinson's