

NSLHD & CCLHD Stepping On Groups 2021 Term 2

NORTHERN SYDNEY

Stepping On Turramurra (Tuesday)

Commences Tuesday 20th April (concludes 1st June)

Time 10:00 am – 12:00 noon

Venue The Landings, 440 Bobbin Head Rd, North Turramurra

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Kerry Silver

Stepping On Royal North Shore Hospital (Thursday)

Commences Thursday 22nd April (concludes 3rd June)

Time 10:00 am – 12:00 noon

Venue Royal North Shore Hospital, Ambulatory Care, Occupational Therapy Group Room

Registrations T 9808 9685

E steppingon@royalrehab.com.au

Leader Joanna Atkins

Stepping On Manly Vale (Wednesday)

Commences Wednesday 28th April (concludes

Time 10:00 am – 12:00 pm

Venue St Kierans Hall, 1 King St, Manly Vale (parking usually available in church carpark)

Registrations T 9808 9685 |

E physio@stopfalls.com.au

Leader Anna Stackpool

Stepping On Mona Vale (Wednesday)

Commences Wednesday 28th April (concludes 9th June)

Time 1:00 pm – 3:00 pm

Venue Mona Vale Community Hall, 1 Park St, Mona Vale (Carpark next door can be tricky - there is also a Coles off Park St)

Registrations T 9808 9685 |

E physio@stopfalls.com.au

Leader Anna Stackpool

Stepping On Willoughby (Wednesday)

Commences Wednesday 5th May (concludes 16th June)

Time 10:00 am – 12:00 noon

Venue Willoughby Uniting Church, 10/12 Clanwilliam St, North Willoughby

Registrations T 9808 9685

E steppingon@royalrehab.com.au

Leader Nadia Williams

Stepping On Northbridge (Thursday)

Commences Thursday 6th May (concludes 17th June)

Time 10:00 am – 12:00 noon

Venue Northbridge Uniting Church, Gonyah St, Northbridge

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Nadia Williams

Stepping On Mona Vale (Friday)

Commences Friday 7th May (concludes 18th June)

Time 1:00 pm – 3:00 pm

Venue Mona Vale Community Hall, 1 Park St, Mona Vale (Carpark next door can be tricky - there is also a Coles off Park St)

Registrations T 9808 9685 |

E physio@stopfalls.com.au

Leader Anna Stackpool

Stepping On Ryde (Monday)

Commences Monday 10th May (concludes 28th June
**no group 14th June - Public Holiday*)

Time 10:30 am – 12:30 pm

Venue Clive Austin Conference Centre, Royal Rehab, 235 Morrison Rd, Ryde

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Kerry Silver

Stepping On Belrose (Monday)

Commences Monday 10th May (concludes 28th June
**no group 14th June - Public Holiday*)

Time 10:00 am – 12:00 noon

Venue Glenaeon Village, 207 Forest Way, Belrose

Registrations T 1800 225 474

E estubbs@chcs.com.au

Leader Erin Stubbs

Stepping On Wahroonga (Tuesday)

Commences Tuesday 11th May (concludes 22nd June)

Time 10:00 am – 12:00 noon

Venue McQuoin Park, 35 Pacific Hwy, Wahroonga

Registrations T 1800 225 474

E estubbs@chcs.com.au

Leader Erin Stubbs

Stepping On Mosman (Thursday)

Commences Thursday 13th May (concludes 24th June)

Time 11:00 am – 1:00 pm

Venue The Manors of Mosman, Activity Room, 6 Hale St, Mosman

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Megan Swann

Stepping On Ryde (Thursday)

Commences Thursday 13th May (concludes 24th June)

Time 10:00 am – 12:00 noon

Venue Clive Austin Conference Centre, Royal Rehab, 235 Morrison Rd, Ryde

Registrations T 9808 9685

E steppingon@royalrehab.com.au

Leader Kerry Silver

Stepping On OPMHS (Thursday)

Commences Thursday 13th May (concludes 24th June)

Time 10:00 am – 12:00 noon

Venue Level 3 2C Herbert Street, St Leonards

Registrations T 9462 9333

E bronwyn.fisher@health.nsw.gov.au

Leader Bronwyn Fisher

Stepping On Pennant Hills (Tuesday)

Commences Tuesday 18th May (concludes 29th June)

Time 1:00 pm – 3:00 pm

Venue Pennant Hills Community Health Centre, 5 Fisher Ave, Pennant Hills

Registrations T 1800 225 474

E estubbs@chcs.com.au

Leader Erin Stubbs

Stepping On Spanish, Hornsby (Friday)

Commences Friday 21st May (concludes 2nd July)

Time 10:00 am – 12:00 noon

Venue Hornsby Leisure and Learning Centre, 25 Edgeworth David Ave, Hornsby

Registrations T 9808 9685 OR

Alma Webber – 0411 030 379

E steppingon@royalrehab.com.au

CENTRAL COAST

Stepping On Ettalong Beach (Thursday)

Commences Thursday 6th May (Concludes 17th June)

Time 10:00 am – 12:00 noon

Venue Ettalong 50+ Leisure and Learning Centre, 5-7 Broken Bay Rd, Ettalong Beach

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Tricia Rooney

Stepping On Toukley (Friday)

Commences Friday 7th May (concludes 18th June)

Time 10:00 am – 12:00 noon

Venue Long Khanh Retirement Village, Community Centre, 1 Village Way, Canton Beach

Registrations T 9808 9685 |

E steppingon@royalrehab.com.au

Leader Nadia Williams

IF ANYBODY IS INTERESTED IN GROUPS THAT ARE YET TO BE CONFIRMED OR FULL, PLEASE PROVIDE REGISTRATION DETAILS TO THE LEADER FOR INCLUSION IN FUTURE GROUPS.