

Move & Improve

Brought to you by Live Life Well at School, Northern Sydney Local Health District



Teaching Fundamental Movement Skills with confidence!

Presented by Gareth Long from The Australian College of Physical Education

This session will cover:

- The foundations of Fundamental Movement Skills (FMS) and physical literacy
- Engaging FMS activities to incorporate into PE lessons
- Modifications of FMS to engage all students

Webinar details:

- Wednesday 1 June
- 3.30pm to 4.45pm
- Online via MS Teams

Register now!



Scan the QR code to register or click [here](#)

Webinar link will be sent via email after you have registered

For more information contact Northern Sydney Local Health District: NSLHD-LiveLifeWellatSchool@health.nsw.gov.au

