



An exciting activity pack designed to assist Early Childhood Educators in teaching **Fundamental Movement Skills** to children in a fun and engaging way.

Activity Pack includes:

1

x



Display Poster
(to display Cards)

12

x



Fundamental Movement
Skill Cards
(to explain each skill)

36

x



Fundamental Movement
Skill Activity Cards

5

x



Warm-Up Cards

5

x



Cool-Down Cards

Get moving with **MINI MOVES**

MINI MOVES

Fundamental Movement Skills



MINI MOVES

NSW GOVERNMENT | Health Northern Sydney Local Health District

Fundamental Movement Skills

For children aged 2-5 years