

In Reach Specialist Palliative Care Services to Residential Aged Care Facilities and Group Homes

Who are we?

NSLHD Palliative Aged Care Supportive Services and HammondCare Specialist Community Palliative Care Services provide a comprehensive assessment and care planning service to RACFs and Group Homes in NSLHD. The aim is to enhance the quality of end of life care delivered to residents with specialist palliative care needs, those who are at risk of presenting to hospital or who are being discharged from hospital.

What will the service provide?

The Service consists of a face to face initial assessment and follow ups to maintain symptom control and quality of life until the resident's situation is relatively stable and no new issues are apparent.

This can include:

- Assessment, diagnosis and managing of current health needs of the resident
- Liaison with the resident's primary care team to develop plan of care that is individualised and meets the needs of the resident and their family/carer
- Management of complex symptoms, controlling pain and other signs of distress
- Medication reviews and management
- Referrals to other health professionals and services
- Education, counselling and support
- Liaison with GPs and families

How to refer?

(For after hours phone advice, call 1800 427 255)

If you are from a RACF or a GP who would like to refer a person currently residing in RACF or a group home, complete a referral form (see QR code) to HammondCare Community Palliative Care service on:

- ✉ Lower North Shore & Ryde:
gcteam@hammond.com.au (Dr Victor Sze)
- ✉ Hornsby Ku-ring-gai:
ncteam@hammond.com.au (Dr Shawna Koh)
- ✉ Northern Beaches:
nbpcsadministration@hammond.com.au
(Dr Philip Macaulay)

A GP referral is requested and must be addressed to the Palliative Care Specialist listed under each sector.

📞 **For urgent referrals,
please phone: 1800 427 255**



If you are from an Acute Hospital within NSLHD and/or Geriatric outreach service (i.e GRACE, ARRT, BRACE), contact NSLHD PACCS Transitional Nurse Practitioner team complete a referral form (see QR code) to:

- ✉ NSLHD-ReferralPalliativeCare@health.nsw.gov.au

For urgent referrals, please phone:

- 📞 Lower North Shore Ryde, Hunters Hill area
0457 495 251
- 📞 Hornsby Ku-Ring-Gai LGA
0427 353 387
- 📞 Northern Beaches LGA
0457 484 556

