

# Your guide to using active transport to get to Royal North Shore Hospital



## Walking

Suggested walking routes are shown overleaf on the map. Please note walking times are approximate only and are calculated from the main hospital entrance.



## Cycling

Suggested cycling routes are shown overleaf on the map. For detailed cycling maps:

- > Staff can visit the Go Active Hub (P2 visitor car park) or search 'Go Active' on the intranet.
- > Visitors can search online for the 'Northern Sydney Cycling Map'.

## Bicycle Parking

Bike racks are located in the P1 car park, outside the Kolling Building, at the front of and in the car park below the Community Health Centre on Herbert St. Staff bike racks (and other facilities) are also located in the P2 car park.



## Bus

The nearest bus stop to the hospital's main entrance is on Reserve Road and is serviced by Route 144 only. For all other routes, the nearest bus interchange is located on Pacific Highway, outside St Leonards Station.

For up-to-date timetables and maps, visit [transportnsw.info](http://transportnsw.info) or call **131 500**.



## Train

The hospital is a 10-minute walk from nearby St Leonards Station (T1 North Shore, Northern & Western Line). The station is wheelchair accessible. For up-to-date timetables and maps, visit [transportnsw.info](http://transportnsw.info) or call **131 500**.



## Community Transport

The Artarmon Loop is a free shuttle service travelling between St Leonards and Artarmon, Monday to Friday. See map overleaf for more details. For service information search 'Artarmon Loop' online.



## Taxi

Taxi pick up and drop off is available at the main entrance. The nearest taxi rank is located on Reserve Rd, approximately 2 minutes walk from the main hospital entrance.



## Parking

Parking facilities are available on the hospital campus. Fees apply, so please check signage. Disabled parking is available at all on-street paid parking areas and multi-storey car parks. A valid disabled parking permit must be displayed when parking in a disabled bay.

A 15-minute drop off/pick up point is located outside the main entry, on French's Place.



- A:** Royal North Shore Hospital  
Reserve Road, St Leonards NSW 2065  
**T:** 02 9926 7111  
**W:** [nslhd.health.nsw.gov.au/Hospitals/RNSH](http://nslhd.health.nsw.gov.au/Hospitals/RNSH)

# Royal North Shore Hospital

## TRANSPORT ACCESS GUIDE



Use active and public transport and get your daily physical activity while you travel.



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**Health**  
Northern Sydney  
Local Health District

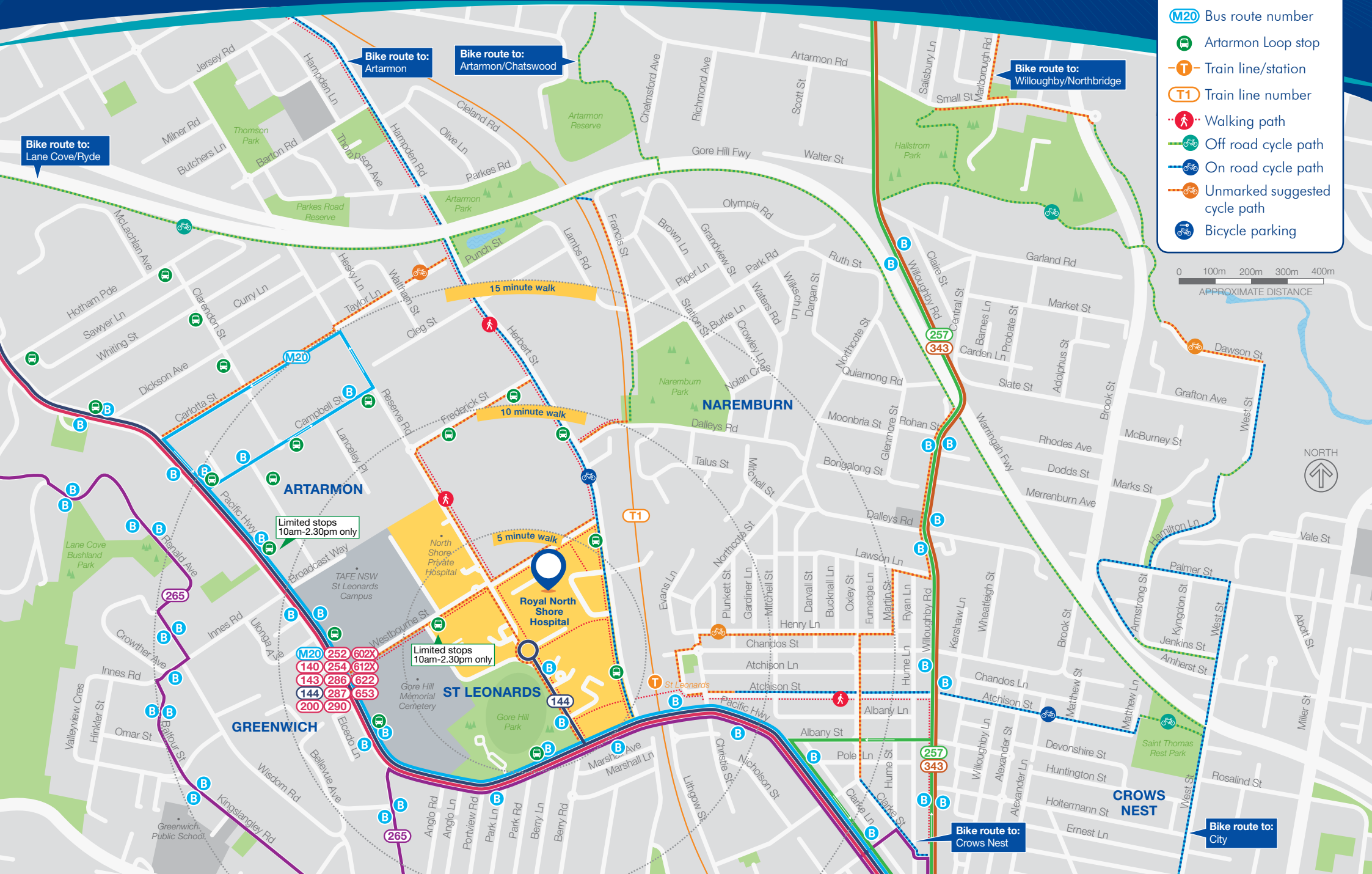
Effective from  
April 2016

# Royal North Shore Hospital TRANSPORT ACCESS GUIDE



## Legend

- Bus route/stop
- Bus route number
- Train line/station
- Train line number
- Walking path
- Off road cycle path
- On road cycle path
- Unmarked suggested cycle path
- Bicycle parking



Limited stops  
10am-2.30pm only

Limited stops  
10am-2.30pm only

M20	252	602X
140	254	612X
143	286	622
144	287	653
200	290	

15 minute walk

10 minute walk

5 minute walk

