

Professor Ian Cameron
MB BS PhD (Med) FAFRM (RACP)

Professor Ian Cameron is a leading physician and researcher in rehabilitation medicine, whose work has contributed to significant legislative and practice changes in Australia and further afield, helping to improve the lives of people recovering from injury.

Professor Cameron is Head of the [John Walsh Centre for Rehabilitation Research](#) based at NSLHD, which brings together an interdisciplinary team of clinicians and researchers to address real-world problems in fields including spinal cord injury, severe traumatic brain injury, musculoskeletal injury and psychosocial health.

He is also Professor of Rehabilitation Medicine at the University of Sydney and Staff Specialist at Northern Sydney and Southern NSW Local Health Districts, dividing his time between clinical practice and involvement in research and education.

Having spent more than 20 years dedicated to the field of rehabilitation medicine, Professor Cameron's main research focuses are rehabilitation and disability after injury and rehabilitation and disability in older people.

He is the most highly cited Rehabilitation Medicine physician in Australia, with nearly 400 peer-reviewed publications including several influential Cochrane Collaboration Reviews on falls and injury prevention, rehabilitation after hip fracture and discharge planning, which have impacted practice and policy in Australia and internationally. His review on *Interventions for preventing falls in older people in care facilities and hospitals* (2018) has more than 1700 citations.

Professor Cameron is most proud of two sets of research. One is the completion of randomised trials of rehabilitation after hip fracture and use of hip protectors. His findings led to the widespread adoption of effective treatments after hip fracture, benefitting many older people including his own mother and mother-in-law.

The second area of work that he cites as a career highlight is his investigations into the effect of changing insurance scheme legislation to improve recovery after motor vehicle crashes – this has contributed to changes to legislation and regulations to support those injured in motor vehicle accidents in NSW.

Professor Cameron provides expert advice on injury management, rehabilitation programs and health services for older people to Australian and state governments and organisations including the NSW State Insurance Regulatory Agency, icare (Insurance and Care NSW) and area health services.

His work has also informed evidence-based clinical practice guidelines on support for people with cognitive decline and whiplash-associated disorder, for example, he was involved in development of a website entitled '[My Whiplash Navigator](#)' to guide people in their recovery from whiplash injuries.

He presents regularly at conferences in Australia and abroad, is a Senior Editor with *BMC Geriatrics* and Associate Editor of the *Journal of Rehabilitation Medicine* and was awarded the International Society of Physical and Rehabilitation Medicine's premier award, the Sidney Licht Lectureship Award (2014), in recognition of his wide-ranging contributions to the field.