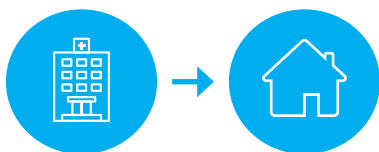


ARRT

Aged Care Rapid Response Team

Northern Sydney Local Health District



*Bringing Aged
Care expertise
from the hospital
to your home*

Providing **rapid assessment** for older people in their own homes experiencing a new medical, functional or cognitive decline and who are at risk of hospitalisation



Aged Care Rapid Response Team - ARRT

Consultation and treatment is provided in the person's home environment, avoiding unnecessary hospital presentations.

Hospital admissions may expose older people to the risk of adverse events. Older people can have better outcomes when treated in their own environment.

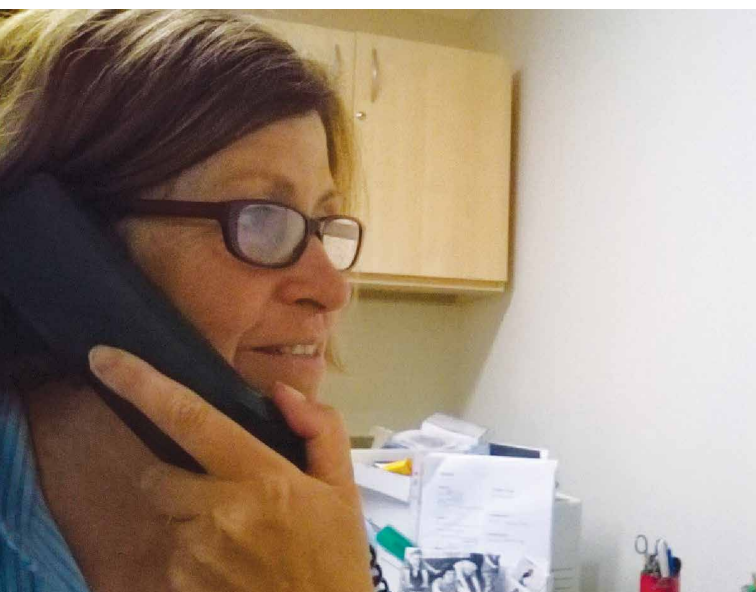
ARRT is an expert team consisting of a Geriatrician, an Aged Care Registrar and two Clinical Nurse Consultants.

“ *I'm so pleased you could come out and treat Mum here at home.... It has been the best outcome for all of us* **”**

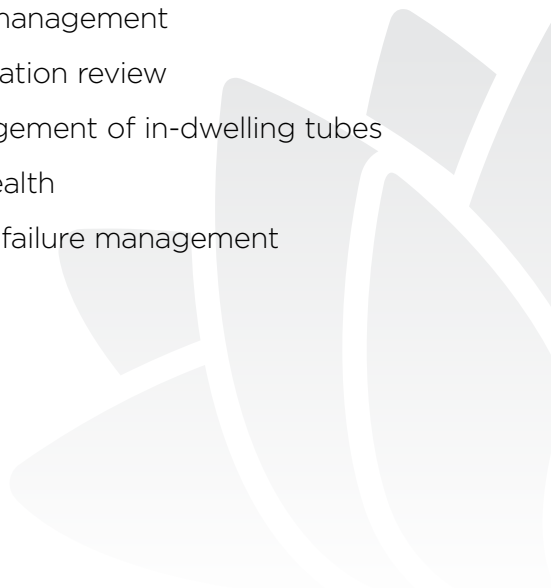
Karen, carer

Benefits of ARRT to older people and their families include:

- Proactive, safe and timely health care, without leaving your home environment
- Care provided by a specialist hospital aged care medical and nursing team
- Same-day service for urgent referrals
- Enables older people to be cared for in their familiar environment
- Person-centred and evidence-based care
- Better outcomes for the older person
- Improved communication between Residential Aged Care Facilities, GPs , community services and hospital departments.



ARRT Services include:

- Comprehensive Geriatric Assessment for people living in the community who have become unwell
 - Treatment for acute infections including chest, wound, urinary tract and gastrointestinal infections
 - Liaison with other services including home nursing, APAC, NSW Ambulance paramedics, palliative care, mental health and other aged care community services
 - Referrals for mobile x-ray and mobile ultrasound
 - Management of recent confusion due to illness and/or dementia
 - Administration of intravenous antibiotics and subcutaneous fluids
 - Falls assessment
 - Pain management
 - Medication review
 - Management of in-dwelling tubes
 - Telehealth
 - Heart failure management
- 

ARRT

Aged Care Rapid Response Team

ARRT is available Monday to Friday from 8am until 4.30pm.

ARRT is a service provided by Royal North Shore & Ryde Hospitals.

ARRT visits residents of the Local Government Areas of Chatswood, Hunters Hill, Lane Cove, North Sydney, Mosman, Ryde and Willoughby.

ARRT will review older people living in the community at home, in retirement villages and in Residential Aged Care Facilities, including hostels and nursing homes.



Who to Refer

People aged 70 years and over, or who have age-related conditions, who have become unwell and are at risk of hospitalisation.

How to Refer

- Direct referrals can be made by GPs, RACFs, family, carers and other community or hospital services.
- Monday to Friday 8am until 4.30pm.

How to contact

- Lower North Shore residents:
Clinical Nurse Consultant
 **0408 546 907**
- Ryde area & Hunters Hill residents:
Clinical Nurse Consultant
 **0409 460 419**
- Lower North Shore & Ryde/Hunters Hill residents:
Aged Care Registrar
 **0434 329 970**

ARRT

-  Aged Care Department-Level 3
Royal North Shore Community Centre
Herbert Street
St Leonards, Sydney, NSW 2065
 02 9462 9333 Fax: 02 9906 4301