# Macquarie Hospital Transport Access Guide

Your guide to accessing Macquarie Hospital by active and public transport.



# Welcome

We encourage Macquarie Hospital staff and visitors to use active and public transport options to visit our hospital. Many options are convenient, safe and stress-free. It also helps you get your daily physical activity!

Use this guide to plan your next visit to Macquarie Hospital.

Note: Macquarie Hospital roads are 'shared' by walkers and cars - the speed limit is **10km/hr** 

# Trip Planning

Visit <u>transportnsw.info</u>, or call **131500** to plan your trip and access up-to-date timetables and maps.

# Tickets and Passes

Opal cards make travelling on multiple types of public transport easy! Keep it loaded and just tap on and tap off as you travel.

Single trip Opal cards can also be purchased from train station ticket machines and bus drivers (except for PrePay buses).

Visit <u>opal.com.au</u> for more information.

# MACQUARIE HOSPITAL Wicks Road, North Ryde NSW





Bus stops



Bike Racks

DEC17/V1

CATALOGUE NUMBER: NS11941B-E





The nearest train stations to the hospital are North Ryde and Macquarie Park (T1 North Shore, Northern & Western Line).

**B** Buses

Macquarie Hospital can be accessed via the following bus routes that stop along Wicks, Coxs and Badajoz roads.

## **Wicks Road**

533 - Sydney Olympic Park to Chatswood via Rhodes & Nth Ryde

## **Coxs Road**

- 286 Denistone East to Milsons Point via St Leonards & Nth Sydney
- 287 Ryde to Milsons Point via St Leonards & Nth Sydney
- 288 Epping to City Erskine St
- 297 Denistone East to City Wynyard via Lane Cove Tunnel (PrePay only)
- 506 Macquarie University to City Domain via East Ryde

# **Badajoz Road**

506 - Macquarie University to City Domain via East Ryde



Include walking in your trip to Macquarie Hospital and contribute to your daily physical activity. Walk from home, the office, bus stop or train station. Walking from stations takes about 25 minutes (refer to map for routes).



# Cycling

Cycling is an inexpensive, quick and healthy way to travel. If you live within 5-10km of the hospital cycling may be an option. Bike racks are located outside the Wallace Wurth and Cameron Buildings. Shower and change facilities are available to staff only.



Visit makehealthynormal.nsw.gov.au and discover small lifestyle changes that can help you to make healthy normal.

