# Brookvale Community Health Centre

Transport Access Guide

Your guide to accessing Brookvale Community Health Centre by active and public transport.

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## Welcome

We encourage Brookvale Community Health Centre staff and visitors to use active and public transport options to visit our Centre. Many options are convenient, safe and stressfree. It also helps you get your daily physical activity!

Use this guide to plan your next visit to Brookvale Community Health Centre.

### Trip Planning

Visit <u>transportnsw.info</u>, or call **131500** to plan your trip and access up-to-date timetables and maps.

### Tickets and Passes

Opal cards make travelling on multiple types of public transport easy! Keep it loaded and just tap on and tap off as you travel.

Single trip Opal cards can also be purchased from bus drivers (except for PrePay buses) and Manly Wharf (and other selected wharves).

Visit opal.com.au for more information.





Brookvale Community Health Centre can be accessed via the following bus routes that stop in front of the Centre, or directly opposite at Warringah Mall. Some routes originate in Sydney CBD. Most routes are Prepay Only.

132	Manly to Warringah Mall via North Balgowlah
135	North Head to Warringah Mall via Manly
139	Manly to Warringah Mall via South Curl Curl
145	Seaforth to Warringah Mall
146	Wheeler Heights to Manly
151	Mona Vale to City QVB
158	Cromer to Manly
159	Dee Why to Manly
169	City Wynyard to Manly via Narraweena
178	Cromer Heights to City Wynyard
180	Collaroy Plateau to City Wynyard
185	Mona Vale to Warringah Mall via Warriewood
188	Mona Vale to City Wynyard
199	Manly to Palm Beach
280	Chatswood to Warringah Mall
B1	B-Line City to Mona Vale
E54	Milsons Point to Mona Vale (Express)

E69	City Wynyard to Manly via Narraweena (Express)
E75	City Wynyard to Warringah Mall (Express)
E76	City Wynyard to Dee Why via North Curl Curl
	(Express)
E77	City Wynyard to Dee Why via Wingala (Express)
E78	City Wynyard to Cromer Heights (Express)
E79	City Wynyard to Wheeler Heights (Express)
E80	City Wynyard to Collaroy Plateau (Express)
E83	City Wynyard to North Narrabeen (Express)
E85	City Wynyard to Mona Vale via Warriewood
	(Express)
L90	City Wynyard to Palm Beach
276s	Warringah Mall to Supa Centa Belrose
766N	Avalon to Milsons Point
767N	Avalon to Milsons Point
769N	Milsons Point to Avalon
776N	Brookvale to Frenchs Forest



Include walking in your trip to Brookvale Community Health Centre and contribute to your daily physical activity. Walk from home, the office, or bus stop.



# Cycling

Cycling is an inexpensive, quick and healthy way to travel. If you live within 5-10km of the Centre cycling may be an option.

Bike racks are located at the southern and northern end of the building, and in P1 Carpark. A Transport NSW Bike Locker is located at the front of the Centre.



### **Staff Facilities**

Staff (only) can access shower, change and locker facilities on Level 4. Staff can contact Reception for locker keys.

A secure bike rack/cage is available in P1 Carpark. Access is via staff ID badges.

