

HOW DO YOU GET TO WORK? @ ROYAL NORTH SHORE HOSPITAL

The Go Active 2 Work project aims to help make it easier for Royal North Shore Hospital (RNSH) staff to get to work in an active way i.e. walking, cycling or catching public transport.

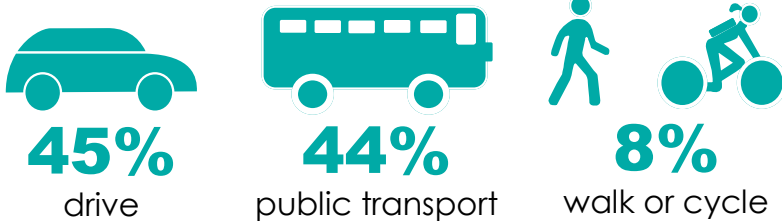
RNSH staff were first surveyed on their 'travel to work' habits and views in 2014. A follow-up survey was run between August and September 2018.



1127 | 27%

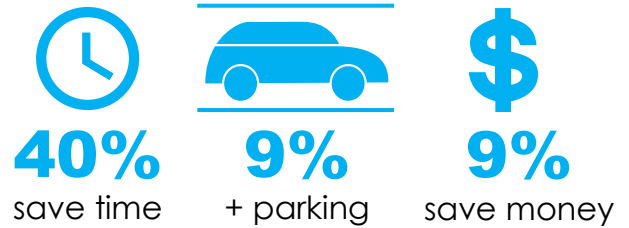
staff completed the survey

How do staff travel?



SINCE 2014: **3%** DECREASE IN DRIVING **2%** INCREASE IN ACTIVE TRAVEL USE

Main reasons for mode



Alternatives



58%

considered alternatives

Modes considered



49%

public transport



28%

driving



9%

cycling



8%

walking

Incentive to change



25%

more frequent public transport



16%

\$ incentives for public transport



10%

inter-hospital mini bus

Distance from home



20%

6-10km



15%

within 5km

Requested Initiatives



31%

journey planning



24%

e-bike info sessions



22%

bike maintenance training



21%

e-bike novated leasing



18%

cycling skills training

Next Steps

NSLHD will continue to actively pursue innovative ways to support staff to 'go active' to work (i.e. walk, cycle or take public transport).

If you are interested in providing any input, however small, on this topic please contact Nada Curac:

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