

Help to access the NDIS

If you, or someone you know, experiences mental illness and are thinking about applying for the National Disability Insurance Scheme (NDIS), there are a number of local organisations that can help you. These services are FREE and include assisting you to gather any documents you need, completing forms and submitting your NDIS access request, as well as assisting you throughout the NDIS assessment process.

Organisations within Northern Sydney that can help you to submit your NDIS application include: Community Care Northern Beaches, New Horizons Enterprises, One Door Mental Health, Primary and Community Care Services.

These organisations have provided the following information about their services. You can select the service that you think can best help you and then contact them directly.

To be eligible to become an NDIS participant you must:

- Meet either the disability or early intervention criteria:
 - Disability: The person has a disability that is likely to be permanent (including psychiatric disability), and cannot take part effectively in activities of daily living without the assistance of other people; and is likely to require support from the NDIS over their lifetime.
 - Early intervention: The person has a disability that is likely to be permanent and evidence shows that early support will reduce how much help they need to do things in the future.
- Be aged less than 65 when you first enter the NDIS
- Be an Australian citizen or hold a permanent visa or a Protected Special Category visa
- Live in Australia

For more information about the NDIS: www.ndis.gov.au

Community Care Northern Beaches - CCNB

Since 2013, CCNB has been leading the Sydney North Shore and Beaches Partners in Recovery (PIR) program. Working from a focus of mental health recovery, the CCNB PIR Program is pleased to be able to continue its high level of service to the North Shore and Northern Beaches communities by providing assistance and support to people who experience severe and persistent mental illness and who wish to make application to access the NDIS.

This includes gathering supporting reports and documents and completing and submitting of NDIS application. CCNB offers ongoing support and assistance as your application progresses through the NDIS assessment and planning process. CCNB PIR will also continue to provide PIR coordination of support services to help you access any support services that you need whilst your NDIS application is being assessed.

Please feel free to contact us via email: partnersinrecovery@ccncb.com.au or phoning 1300 000 PIR (1300 000 747).

New Horizons Enterprises

New Horizons has supported tens of thousands of Australians to improve their wellbeing over our 50 year history.

We understand that navigating the NDIS can be complex. We've been supporting people to navigate the NDIS since it started and have the right experience and expertise to help you apply to the NDIS.

We support you to make and submit your NDIS application by assisting you to gather reports and supporting evidence from GPs, psychiatrists and psychologists and to complete your access request form. We'll take you through every step of the application and assessment process.

We believe that choice and control go hand in hand, so when you pick New Horizons you'll always be in the driver's seat. Speak to one of our NDIS expert Lifestyle Planners today and see how we can get you NDIS ready. Phone us on 1300 726 372.

One Door Mental Health

Navigating the NDIS can be challenging - One Door Mental Health recovery specialists provide the following services to assist individuals and their families to unlock the NDIS:

- 1800 THE KEY (843 539) – telephone information and support explaining the steps involved in applying to the NDIS and referral to one of our services in Northern Sydney for individual support with applications, gathering evidence and needs assessments.
- Support to attend planning meetings – our workers can attend planning meetings with our clients and help them and their carers prepare for the meeting

One Door Mental Health Services are located at: Chatswood, Balgowlah, North Head and Gladesville.

Contact Kate or Emma on 1800 THE KEY (1800 843 539) for more information.

Primary & Community Care Services

For people living in the Ryde and Hornsby region and who need a hand to access the NDIS.

Whether you are someone with a disability, a carer, a family member, or just want to learn more about how to access the NDIS, Primary & Community Care Services is qualified to help.

Primary & Community Care Services (PCCS) can guide you in accessing the NDIS.

The PCCS point of difference is that we offer direct access to Occupational Therapists, Social Workers and Registered Nurses, with the ability to support your application. We will support you every step of the way through the NDIS application and assessment process.

We invite you to call our Intake Team on 9477 8700 or visit our website: pccs.org.au